



DAY 1 - FIRST LEVEL I

1:00pm - 1:30pm	Welcome and Intros
1:30pm - 2:00pm	What is Flexography and Its Applications?
2:00pm - 2:30pm	Press Configurations and Other Printing Methods
2:30pm - 2:45pm	Break
2:45pm - 4:15pm	Consumables and Ink Delivery
4:15pm - 4:45pm	Converting and Personal Safety
4:45pm - 5:15pm	Level 1 Check For Understanding
5:15pm - 6:00pm	Tour of Pressroom and SI
6:00pm	Happy Hour



DAY 2 - FIRST LEVEL II

8:00am - 9:00am	Press Run: 50" Wide SOMA Press
9:00am - 9:45am	Review of Banded Anilox Samples
9:45am - 10:00am	Break
10:00am - 11:00am	FIRST Packaging Workflow and Preparing for the Next Job
11:00am - 11:45am	Flexographic Printing Ink Technology
11:45am - 12:30pm	Lunch
12:30pm - 1:15pm	Substrates and Plates
1:15pm - 2:15pm	Touch the Process: Platemaking Demo
2:15pm - 2:45pm	The Basics of the Flexographic Printing Unit
2:45pm - 3:00pm	Break
3:00pm - 4:00pm	All About Color
4:00pm - 4:30pm	Color Concoctions: Mixing Inks the Sweet Way (Ink Making Demo)
4:30pm - 5:00pm	Substrate Treatment
5:00pm - 5:30pm	Press Setup, Run Procedures, Cleanup and Maintenance
5:30pm - 6:00pm	Level 2 Exam



DAY 3 – FIRST LEVEL III

8:00am – 8:30am	Level 2 Review
8:30am – 10:00am	FIRST Methodology and Communication
10:00am – 10:15am	Bio Break
10:15am – 11:00am	Optimization and Establishing Starting Points
11:00am – 12:00pm	Fingerprinting and Process Control
12:00pm – 12:45pm	Lunch
12:45pm – 1:30pm	Wrapped with Purpose: How Shape Drives Graphic Strategy
1:30pm – 2:30pm	Process Improvement and Tools
2:30pm – 2:45pm	Bio Break
2:45pm – 3:45pm	The Final Impression: How Color Comes Together on Press
3:45pm – 5:00pm	Print Evaluation, Measurement Tools and Print Characteristics
5:00pm – 5:30pm	Fun Knowledge check
5:30pm – 6:00pm	Level 3 Exam for Certification